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## **"Happiness and the Good Life"**

O'Neill, John

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Holland argues that environmental deliberation should return to classical questions about the nature of the good life, understood as the worthwhile life. Holland's proposal contrasts with the revived hedonist conception of the good life which has been influential on environmentalism. The concept of the worthwhile life needs to be carefully distinguished from those of the happy life and the dutiful life. Holland's account of the worthwhile life captures the narrative dimension of human well-being which is revealed but inadequately addressed by hedonic research. Environmental concerns are better understood from a non-hedonist perspective. An Aristotelian version of this perspective also offers the institutional focus which Holland suggests is required in environmental deliberation.

— Text from [The White Horse Press](#) website

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