



Multimedia Library Collection: Environmental Film Profiles (videos)

No Impact Man

Gabbert, Laura, and Justin Schein. *No Impact Man*. New York: Oscilloscope Pictures, 2009. 90 min.

A newly self-proclaimed environmentalist who could no longer avoid pointing the finger at himself, Colin Beavan decided to leave behind his liberal complacency with a vow to make as little environmental impact as possible for one year. No more automated transportation, no more electricity, no more non-local food, no more material consumption...no problem. That is, until his espresso-guzzling, retail-worshipping wife Michelle and their two-year-old daughter are dragged into the fray. This film provides a front row seat into the experiment that became a media sensation as well as an intriguing inside look at familial relationships, the strains and bonds that result from the family's struggle with their radical lifestyle change. (Source: Adapted from [Oscilloscope Laboratories](#))

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This film is available at the [Rachel Carson Center Library](#) (RCC, 4th floor, Leopoldstrasse 11a, 80802 Munich) for on-site viewing only. For more information, please contact library@rcc.lmu.de.

[About the Environmental Film Profiles collection](#)

Further readings:

- Beavan, Colin. *No Impact Man: The Adventures of a Guilty Liberal Who Attempts to Save the Planet, and the Discoveries He Makes About Himself and Our Way of Life in the Process*. New York: Picador, 2010.

Related links:

- The No Impact Project
<http://noimpactproject.org/>
- No Impact Man by Colin Beavan (Blog)
<http://noimpactman.typepad.com/>
- Recipes for Disaster (Film Profile)

<https://www.environmentandsociety.org/mml/recipes-disaster>

Websites linked in this text:

- <http://noimpactman.vhx.tv/>
- <http://www.carsoncenter.uni-muenchen.de/index.html>
- <https://www.environmentandsociety.org/mml/collection/9449?page=0%2C3>