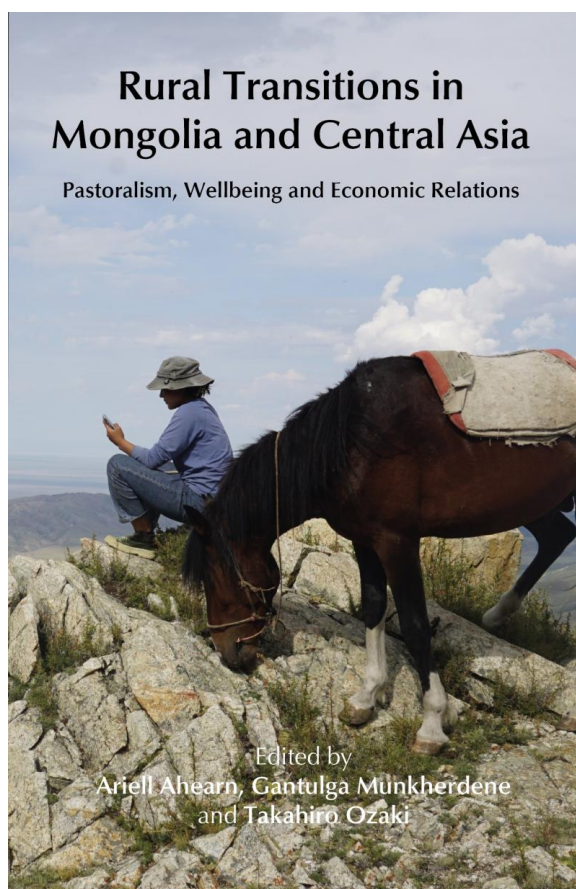


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Rural Transitions in Mongolia and Central Asia: Pastoralism, Wellbeing and Economic Relations

Ahearn, Ariell, Gantulga Munkherdene, and Takahiro Ozaki (eds.)

Ahearn, Ariell, Gantulga Munkherdene, and Takahiro Ozaki, eds. *Rural Transitions in Mongolia and Central Asia: Pastoralism, Wellbeing and Economic Relations*. The White Horse Press, 2026.



Rural Transition in Post-Pandemic Mongolia and Kyrgyzstan. Cover.

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Focusing on pastoral and rural communities, this volume highlights ongoing transitions in rural Central Asia. Informed by in-depth case studies from Mongolia, Buryatia and Kyrgyzstan, the essays focus on themes in contemporary pastoralism, including the adaptation and resilience of rural pastoralist livelihoods during and after the Covid-19 pandemic; healing, food and wellbeing, including an examination of rural experiences of wellbeing and the re-invention and revival of traditional foods; and economic relations, including changing spatialisation of labour spurred by mineral extraction, the role of digital media and urban-rural dynamics. The volume presents insights into contemporary human geography and anthropology of the Inner Asian region; highlights the ongoing importance of scholarship on rural places; and offers a critical lens on broader processes of change affecting the region. A collaboration between scholars spanning Japan, Mongolia, Kyrgyzstan, the UK and the USA, the volume showcases work by diverse authors with longstanding engagement in Inner Asia.

(Source: [The White Horse Press](#))

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